



Visit our website  
[www.zestfood.ie](http://www.zestfood.ie)

or email your enquiry to  
[info@zestfood.ie](mailto:info@zestfood.ie)



## Quiche Selection

- Our deep Quiches are 8" round, serve 6-8 portions.
- Quiche Lorraine or Red Onion & Goats Cheese €25.00 each

Sandwich Platter (serves 8)

€35.00

## Handmade Breads

Chia Seed Bread

€3.50

Spelt & Honey Bread

€3.50

Sourdough Bread

€3.50

Brown Treacle Soda

€2.95

Pesto Bread

€3.50

Chilli Bread

€3.50

Garlic & Herb Foccacia

€3.50

Bavarian Malt Bread

€2.95





## Seasonal Salads

(may be subject to change seasonally)

**Large Bowl €17.50 serves 8 adults or €10 for a Half Bowl**

- Chargrilled Broccoli, Garlic & Chilli Salad (Vegan), (GF)
- Fruity Couscous (Vegan)
- Indian Spiced Potato Salad (Vegan)
- Asian Coleslaw (Vegan)
- Heritage Carrot & Hazelnut Salad (Vegan), (GF)
- Pasta Pesto with Sun Blushed Tomatoes and Bacon
- Roasted Beetroot Salad (Vegan), (GF)
- Kale & Edamame Bean Salad (Vegetarian)
- Mexican Three Bean Salad (Vegan)
- Traditional Coleslaw (Vegetarian), (CF)
- Traditional Potato Salad (Vegetarian), (CF)





## Catering for a small number of guests?

Why not try our fine range of “family” meals, which are ideal for small dinner parties or family get-togethers, perfect for busy Mums and Dads too! The range includes:

- Buttered Chicken Curry & Rice
- Traditional Chicken Curry & Rice
- Beef Lasagne
- Fish Pie
- Fish Bake
- Beef Stroganoff (GF)
- Beef Bourguignon
- Thai Squash Curry with Cashew Nuts (V)
- Chickpea Tagine with Fruity Couscous (V)

**€15.95 each (serves 5-6)**

The meals are handmade by our Chefs, and ready for you to pop them into the oven for 30 minutes at 180 degrees – easy, peasy!





## Large Desserts

### Whole

Posh Sherry Trifle	€17.50
Fresh Fruit Pavlova	€17.50
Meringue Roulade	€8.50
Bowl of Rocky Road & Brownie Bites	€30.00
Apple Tart	€5.50
Apple & Blackberry Crumble	€6.50

	Med	Lge
Fresh fruit Tartlet	€12.50	€17.50
Strawberry Tartlet	€12.50	€17.50
Lemon Meringue Pie	€12.50	€17.50
Banoffee Pie	€12.50	€17.50

	Whole	Pre-sliced
Baileys Cheesecake	€14.50	€15.50
Snickers Cheesecake	€14.50	€15.50
Featured Cheesecake	€14.50	€15.50

### Don't Wait Until It's Too Late!

We request 3 days notice for catering orders, which can be placed online at [info@zestfood.ie](mailto:info@zestfood.ie) or in-store. Large orders are collected from Knockbeg Point Shannon, and small orders can be collected in-store.



# Cakes by Zest!

Every celebration, big or small, deserves a cake... and at Zest! our talented team of bakers can create your perfect celebration treat. Our best seller is the deliciously indulgent double-coated Chocolate Ganache Cake, but there are lots of options in different sizes and shapes to suit your pocket and occasion.

(Gluten Free Option)

6" round	€17.50	€25.00
6" square	€17.50	€25.00
8" round	€25.00	€30.00
8" square	€30.00	€35.00
10" round	€30.00	€35.00
10" square	€35.00	€40.00
12" round	€45.00	€50.00
12" square	€55.00	€65.00
14" round	€65.00	€75.00
14" square	€85.00	€95.00
Rainbow Cake	€40.00	
M&M Cake	€45.00	



## Sponge Choices

Vanilla Light, Vanilla Madeira, Red Velvet, Carrot, or Chocolate, Lemon, Coffee, Toffee, Egg-Free Sponge (Chocolate only)

*(For gluten-free cakes, vanilla is the only recommended option)*

## Filling Choices

Chocolate ganache (Dark, Milk or white chocolate) or Chocolate Mousse

Chantilly Cream or Creme Patisier or Buttercream or Hazelnut Praline Cream

Strawberries & Cream

## Extra Inclusions to go inside cake along with filling

Fresh Strawberries or Blackberries or Raspberries

Strawberry Jam or Raspberry Jam or Lemon Curd or Caramel

## Icing Options

- Chocolate Ganache (Dark or Milk)
- Rolled Icing (If this option is chosen no fresh cream or fresh fruit can be the filling)
- Fresh Cream
- Buttercream in most colours (strong blues or reds not recommended)

*Any internet image (or if you want to email a picture, logo or photograph to [info@zestfood.ie](mailto:info@zestfood.ie)) can be printed in sugar for an extra five euro for the top of the cake*

Sugar work in the form of handmade characters or 3D sugar forms can be priced separately, contact [info@zestfood.ie](mailto:info@zestfood.ie).

*"Chocolate is nature's way of making up for Mondays"*

**Anon**



## Biscuit Cake

*(We keep it simple, with amazing Belgian chocolate and biscuit, but if you would like Maltesers, marshmallows or fruit added, let us know!)*

Shape	Size	Portions	Price
Square	6" (15cm)	8 – 10	€30
Square	8" (20cm)	10 – 14	€40
Square	10" (25cm)	12 – 20	€55
Square	12" (30cm)	20 – 40	€85
Square	14" (35cm)	40 – 60	€145
Round	6" (15cm)	8 – 10	€30
Round	8" (20cm)	10 – 12	€35
Round	10" (25cm)	12 – 16	€45
Round	12" (30cm)	16 – 30	€65
Round	14" (35cm)	30 – 50	€105

*"Nine out of ten people like chocolate.  
The tenth person always lies"*

*John Q. Tullius*







## Terms & Conditions

- A deposit is required to secure your booking.
- For detailed quotations, please contact **Sharon Aylward**, *Catering Coordinator*  
**Ilona Pluta**, *Catering Coordinator*  
at **info@zestfood.ie**
- When collecting your cake/food order, please quote the name of the Booker only, thank you







## Who we are

Zest! is a locally owned Irish company, employing over 250 great people. Our first café opened in Ennis in 2010, followed quickly by three in Limerick and further units in Shannon Airport. We make all our food by hand at our kitchens in Shannon (Knockbeg Point) and use the very best ingredients.

- We make it, we sell it, so our prices stay competitive...
- Our Bakers and Chefs are all committed to quality, overseen by our Production Manager & Q.C.

## Where we are

- **Zest!** @ Market Place, Ennis, Co. Clare (065) 6821014
- **Zest!** @ The Gallery, Pery Square, Limerick (061) 319449
- **Zest!** @ EZ Living, City East Retail Park, Limerick (061) 603370
- **Zest!** @ Casey's, Raheen (061) 441019
- **Zest!** Mon-Fri Collections & Orders @ Knockbeg Point (061) 475626
- **Zest!** Weekend Collections only @ Knockbeg Point (087) 9079051
- **Directions to Knockbeg Point Kitchens:-**  
**Take a sharp left at the last roundabout within Shannon Airport (Postcode V14 DW97)**

Food photography by  
[www.johnkellyphotography.ie](http://www.johnkellyphotography.ie)

*Also in our brand family...*

**JJ. RUDDLES**

RESTAURANT AND BAR

SHANNON AIRPORT

